

TODAY'S PROGRAMME

**Club Meeting 2006-07
at Nehru Childrens' Museum
at 6.30 p.m.
on 8th February, Thursday.
Topic - Freedom of Religion and
Secular State in India.
Speaker - PP Rtn. Gita Halder.**

FORTHCOMING PROGRAMMES

15th February, Thursday in our weekly meeting a few members of Rotary Club of Calcutta will pay good will visit. All members are requested to come to the meeting.

IOL CAMP



Rotary Club of North Calcutta is organising an IOL Camp for Cataract & Power Detection with S.B. Debi Charity Home on 18th February 2007 at 10 a.m.

Venue : S.B. Debi Charity Home, 5 Gulu Ostagar Lane, Kolkata - 6.

15th March 2007 Dist. Governor Debashis Mitra will visit our club. All the members are requested to attend the meeting.

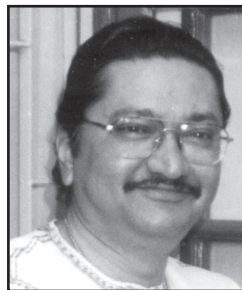
WEDDING ANNIVERSARY GREETINGS

Rtn. Dr. Debashis Banerjee 10th Feb. Ann Mitra

FOUR WAY TEST

Is it the truth?
Is it fair to all concerned?
Will it build goodwill and better friendships?
Will it be beneficial to all concerned?

IN MEMORIUM



To utter shock of all Rotarians of RC North Calcutta, Rtn. Shankar Mullick suddenly passed away at the age of

fortynine on Tuesday, the 6th February '07 at Woodland Nursing Home following a massive heart attack. Earnest effort of Rtn. Dr. Sujit Basu along with three other Doctors present at the trying moment went in vain.

Rtn. Shankar joined RC North Calcutta in 1997. Hailing from Raja Debendra Mullick family, Rtn. Shankar was jovial, vibrant and sporting. He liked fellowship and the company of his friends. A kind hearted Rotarian as he was, he came forward to render financial assistance for any worthwhile causes be it tubewell project or cost of medicine for the Health Chekup Camp. He served as a Chairman and the Director of the club.

He survived by his wife Jayashree and two young daughters Deboshree and Rajoshree.

All members of RC North Calcutta express their heart felt condolence to the members of his bereaved family.

May his soul rest in peace.

VOCATIONAL SERVICE

Vocational Service is the Second Avenue of Service. No aspect of Rotary is more closely related to each member than a personal commitment to represent one's vocation or occupation to fellow Rotarians and to exemplify the characteristics of high ethical standards and the dignity of work. Programs of vocational service are those which seek to improve business relations while improving the quality of trades, industry, commerce and the professions. Rotarians understand that each person makes a valuable contribution to a better society through daily activities in a business or profession.

Vocational Service is frequently demonstrated by offering young people career guidance, occupational information and assistance in making vocational choices. Some clubs sponsor high school career conferences. Many recognize the dignity of employment by honoring exemplary service of individuals working in their communities. The 4-Way Test and other ethical and laudable business philosophies are often promoted among young people entering the world of work. Vocational talks and discussion of business issues are also typical vocational service programs at most clubs.

Editor's Desk

Hallo Rotarians,

I believe there is a genuine relation between modern science and internal spirituality. Our bodies are the platform for all pleasure and pain at the sensory level. At the same time we have a sophisticated mind, which keep track of things at the psychological level. Between these two, the experience of pain and pleasure on the mental level is superior. One could be physically ill but still be mentally happy and content. In fact, physical pain can be subdued by mental calm.

All the Best.

Thank you,

SOME HEART - STOPPING FACTS EVERYBODY SHOULD KNOW

Do you have any of these risk factors?

- High blood pressure
- High blood cholesterol levels
- Physical inactivity
- Obesity or overweight
- Diabetes
- Tobacco smoke
- Increasing age
- Your gender
- Family history and race
- Previous heart attack or stroke
- Post menopausal state

THREE LITTLE WORDS

We all have chores we don't enjoy and some we even dislike. We still need to do them, though. We can do them half-heartedly, resenting every moment, and getting them over with as soon as possible. This approach won't help us do a good job or take any pleasure from doing them or seeing them finished.

Here are three little words that can make these dreary duties more agreeable and help you not only do them better but take some pride in the results, too. In fact, these three little words can make you twice as productive. Here they are :

'I want to,'

Use these magic words whenever you have a tedious task to do.

What if you really don't want to do those dishes or knuckle down to study? You can always find a reason to want to — even if it's only to 'get it over with' or so you'll feel proud when you pass the examination!

Replace 'I have to' thinking with 'I want to'. The effect is precisely the opposite. These three little words will help you attack those irksome chores with a positive outlook and take some pleasure in doing them well.

Kris Cole

(Kris Cole is an industrial psychologist)

EDUCATING FOR PEACE

In 1947, The Rotary Foundation launched its first educational programme by naming 18 fellows to serve as ambassadors of goodwill and peace. To date, more than 105,000 people have participated in Rotary Foundation Educational programmes.

The desire for peace was also the impetus behind the Foundation's two most recent educational initiatives; Rotary World Peace Fellowships and the Rotary Peace and Conflict Studies programme. The calibre of the students at the seven Rotary Centres for International Studies in peace and conflict resolution—and the important positions many of them have attained upon completing their master's degrees—has brought acclaim to the Rotary World Peace Fellowships programme throughout the Rotary world. The Trustees have designated the Rotary Centres as a major educational priority for the Foundation. The Rotary Peace and Conflict Studies programme in Bangkok, Thailand, meanwhile, is now in its second session. The intensive three-month course on peace and conflict resolution for those working in government, as well as in nongovernmental organisations and business, is also proving to be a valuable and successful part of the Foundation's educational programmes.

Luis Vicente Gay
Foundation Trustee Chair

MINUTES

Minutes of the 1309th regular weekly meeting of the Rotary Club of North Calcutta held on Thursday 1st February 2007 at 7 p.m. at NCM Kolkata.

President Rtn. Dr. Anupam called the meeting to order followed by National Anthem.

Rtn. Srabani and Rtn. Goutam announced the Birthday and Wedding Anniversary Greetings.

President requested PP Rtn. Gopinath, Quiz Master, to brief the members on inter school quiz contest, organised by S.B. Debi Charity Home on 2nd February '07 from 11 a.m. to 4 p.m. at Corporation Auditorium, Balaram Ghosh Street.

Then, President conducted Club Assembly on the activities of the Directors on different issues like club programmes/RCC/Matching Grant/Medical Camps/Interact Club and others.

Rtn. Ranjit informed about Club Programmes. He reminded the club to provide another computer to our club's Computer Centre.

Rtn. Parimal briefed on R.C.C. PP Rtn. Gopinath and PP Rtn. Dr. Sujit Basu appraised on the importance of Matching Grant and its accounts. PP Rtn. Gopinath informed on GSE Team.

Rtn. Ganga placed the plans on Medical Camps. President initiated the discussion on club's steamer party. PE Rtn. Dr. Amit / Rtn. Dr. Hina/V.P. Rtn. Sekhar/Rtn. Soumen and others took active part on the issue of inviting other club to compensate the expenses to be incurred on steamer party. It was resolved that finalisation of steamer party would be settled on 8th February 2007.

President thanked all members for their presence and terminated the meeting.

Members Present 19

Rtn. Aroon Roy
Secretary

Rtn. Dr. Anupam
Bhattacharyya
President